

Kingdom of Fife Orienteers

News

July 2015

Local Events

It is proposed to hold the following events. These events are open to the general public and will be advertised in local schools; local newspapers and the FifeDirect 'what's on page' as well as our own website.

If you are available to help with any of the Local Event below please let Ian Doig know well in advance. If you want to try and plan a course on any of these let me know. There are usually a White, Yellow and Orange courses at each event.

As part of the local event series we are introducing an informal schools league in which any juniors taking part will accrue points which will count towards their individual schools total. After 6 events Waid Academy top the Secondary Schools list while Kirkton of Largo lead the Primary Schools league.

The entry costs of these events will be:

Club Members: Juniors £1.00; Seniors/Families £2.00

Non members: Juniors £2.00; Seniors/Families £4.00

Sat 25th July 2015 Craigtoun Park, St Andrews. 11:30 – 13:00 (Postponed until September/October 2015)

School Events

Pittencrieff Primary School and Park Road Primary School competed in the Scottish Schools Orienteering Festival on Friday 5th June at Livingston. Park Road P6 boys came 4th in their class with Pittencrieff just behind in 5th. In the P6 girls Park Road came 5th with Pittencrieff in 6th

The next Fife Schools Events will be:

Fri 30th October 2015 Somewhere in the Central Fife Area 9:00 – 12:00

Fri 15th April 2016 Rosyth Public Park 10:00 – 11:30

Fri 6th May 2016 Pittencrieff Park, Dunfermline 9:00 – 12:00

Please let Ian know if you are available to help at this event.

Junior Coaching Sessions

This year we are about to re-establish the coaching sessions in Dunfermline. They will be held on the last Thursday of each month.

The sessions are designed to teach the basics of Orienteering up to Orange Standard and will last 90mins. The sessions are open to all juniors (P5 – S1) and the cost is being discussed with Fife Council at the time of writing this. We are suggesting that membership of the club be included with any payment package.

Thurs 30th July 2015 Duloch Leisure Centre. Dunfermline 15:45 – 17:15

Thurs 27th August 2015 Duloch Leisure Centre. Dunfermline 15:45 – 17:15

Thurs 24th September 2015 Duloch Leisure Centre. Dunfermline 15:45 – 17:15

Others dates will be posted when they become available.

Other Junior Coaching Sessions are being negotiated in the North East Fife area. This will be held at Lundin Mill Primary School starting in September. Further details will be issued soon.

Our juniors are also able to attend the ESOA coaching sessions usually held in Edinburgh monthly between September and April. If you require more information of these please let Ian Doig or Claire Duncan know.

AutoDownload Course.

Over the years we have put on a number of successful events and our computer teams have proved their worth again and again. We now have 18 SI units (including start and finish and check) and 20 SI cards with a 3 year license for AutoDownload. We should be using these more, especially on the schools/local events.

The course will be held on Saturday 26th September at Lochore Meadows Country Park 10:00 until 16:00.

Club Development Plan.

A club development plan has been in place for a number of years now and we have updated this. We are looking at various aspects of how the club will evolve over the next 5 years.

Some of the main items within the Plan are:

- Increasing membership.
- Increasing event attendance.
- Mapping new areas.
- School development.
- Coaching.

A copy of the development plan will be posted on the web site.

Club Benefits.

As well as the usual benefits shown on the British Orienteering and Scottish Orienteering Association website KFO members can also benefit with a 10% discount at **Run and Become**, Queensferry Street, Edinburgh.

Members achievements

With 1 event left in the SOL series members results are noted below:

M14B	1 st	Finlay Duncan	1308 points
M40L	3 rd	Jari Pekkarinen	3563 points
M45L	12 th	John Emeleus	2061 points
M50S	16 th	Brian Smith	674 points
M60S	2 nd	Les Smithard	4017 points
	3 rd	Ian Doig	3366 points
M65L	3 rd	Phil Smithard	4709 points
M70L	3 rd	Rab Philp	4174 points
	6 th	Dave Ellison	3913 points
W10	5 th	Megan Pekkarinen	1148 points
W12B	2 nd	Morven Duncan	1740 points
W40S	5 th	Claire Duncan	2610 points
W65L	3 rd	Heather Smithard	4707 points

WOC and Scottish 6 Days.

We have been asked to help on Day 3 at Darnaway, and would like to thank all those who answered my call help. We have been assigned to one of the starts. All helpers will have the opportunity to have a run on the day.

It is hoped that a News sheet will be issued at least every 2 months.

If you have any info you would like us to report on within the next edition please send an e-mail to. ian.doig@btinternet.com

If I don't know it, I cannot report it.