

Kingdom of Fife Orienteers

News

September 2015

Local Events

It is proposed to hold the following events. These events are open to the general public and will be advertised in local schools; local newspapers and the FifeDirect 'what's on page' as well as our own website.

If you are available to help with any of the Local Event below please let Ian Doig know well in advance. If you want to try and plan a course on any of these let me know. There are usually a White, Yellow and Orange courses at each event.

As part of the local event series we are introducing an informal schools league in which any juniors taking part will accrue points which will count towards their individual schools total.

After 7 events Waid Academy top the Secondary Schools list with Balwearie High is second, while Park Road, lead the Primary Schools league with Kirkton of Largo in second.

The entry costs of these events will be:

Club Members: Juniors £1.00; Seniors/Families £2.00

Non members: Juniors £2.00; Seniors/Families £4.00

Saturday 24th October

Saturday 14th November

Saturday 28th November

Beveridge Park, Kirkcaldy

Pittencrieff Park, Dunfermline.

Craigtoun Park, St Andrews.

start times from 11:00-12:30

Sometime in the near future it is anticipated that an event will be held in Tentmuir South to welcome the Army who have now moved into the old Air Base at Leuchars. This event will be open to all. Further details will be sent out when available.

Major Events

Sunday 22nd November 2015

Our next major event will be the Scottish Score Event which is to be held in Pitmedden Forest north of Auchtermuchty. The event also incorporates the inter club championships which provides an opportunity for all club members to represent their club in a low-key competition with other clubs of a similar size. Further details will be available soon.

Other Events in the area:

Sunday 11th October 2015

SoSol (South of Scotland Orienteering League) 1 Hopetoun House, South Queensferry. There will be a full range of colour coded courses as follows, White, Yellow, Orange, Light Green, Short Green, Green, Blue and Brown. There will also be a free String course. Further detail are on the ESOC website.

Sunday 8th November 2015

SoSol 2 Lothian Edge, East Lothian near Dunbar. There will be a full range of colour coded courses as above. Further details are on the ELO website.

School Events

Pittencrieff Primary School and Park Road Primary School competed in the Scottish Schools Orienteering Festival on Friday 5th June at Livingston. Park Road P6 boys came 4th in their class with Pittencrieff just behind in 5th. In the P6 girls Park Road came 5th with Pittencrieff in 6th

The next Fife Schools Events will be:

Fri 30th October 2015 Beveridge Park, Kirkcaldy 9:00 – 12:00
Fri 15th April 2016 Rosyth Public Park 10:00 – 11:30
Fri 6th May 2016 Pittencrieff Park, Dunfermline 9:00 – 12:00

We do need your support at these events to make the children's experience of the sport enjoyable. This is the first schools event to be held in the Central Fife Area so please let Ian know if you are available to help.

Junior Coaching Sessions

This year we are about to re-establish the coaching sessions in Dunfermline. They will be held on the last Thursday of each month.

The sessions are designed to teach the basics of Orienteering up to Orange Standard and will last 75mins. The sessions are open to all juniors (P5 – S1) and the cost £3.50 for non members and free to club members. We are suggesting that membership of the club be included with any payment package.

Thurs 29th October 2015 Duloch Leisure Centre. Dunfermline 15:45 – 17:00
Thurs 25th February 2016 Duloch Leisure Centre. Dunfermline 15:45 – 17:00
Others dates will be posted when they become available.

Other Junior Coaching Sessions are being negotiated in the North East Fife area. This will be held at Lundin Mill Primary School starting in October with the first session planned on Monday 5th October. 15:45-17:00

For members wishing to attend any of the coaching sessions at Duloch or Lundin Mill please e-mail ian@kfo.org.uk to book a place.

Our juniors are also able to attend the ESOA coaching sessions usually held in Edinburgh monthly between September and April. If you require more information of these please let Ian Doig or Claire Duncan know.

AutoDownload Course.

6 members attended the Autodownload course held at Lochore Meadows on Saturday 26th September. Robin Strain gave us all an insight into the workings of the Sportident timing system. It is now hoped that we have the skills to effectively use our SI kit at future events including our Schools events.

Club Development Plan.

A club development plan has been in place for a number of years now and we are due to update this in the near future. Ideas regarding the Development of the Club should be sent to any of the Committee members

Club Benefits.

As well as the usual benefits shown on the British Orienteering and Scottish Orienteering Association website KFO members can also benefit with a 10% discount at **Run and Become**, Queensferry Street, Edinburgh.

Members achievements

The final event took place in the SOLs series and members results are noted below:

M14B	1 st	Finlay Duncan	2178 points
M40L	3 rd	Jari Pekkarinen	3563 points
M45L	15 th	John Emeleus	2061 points
M50S	18 th	Brian Smith	674 points
M60S	2 nd	Les Smithard	4017 points
	3 rd	Ian Doig	3366 points
M65L	3 rd	Phil Smithard	4828 points

M70L	3 rd	Rab Philp	4240 points
	6 th	Dave Ellison	3913 points
W10	6 th	Megan Pekkarinen	1144 points
W12B	2 nd	Morven Duncan	2563 points
W40S	4 th	Claire Duncan	3339 points
	10 th	Anita Laidlaw	1043 points
W65L	3 rd	Heather Smithard	4707 points

Special mention to Finlay for achieving first place in the M14B class

SOUL 2015

After the Jedburgh event in the Scottish Urban Orienteering League Phil Smithard has an unassailable lead in the Ultra Vets category with 400 points (best of 4 out of 9) with only 2 events left to go.

WOC and Scottish 6 Days.

Hope everyone caught the Adventure Show program on Sunday where the highlights of the event was shown in good light. The results of Club members has been posted on the club web site.

It is hoped that a **News** sheet will be issued at least every 2 months.

If you have any info you would like us to report on within the next edition please send an e-mail to. ian.doig@btinternet.com

If I don't know it, I cannot report it.